



## Haulback Race Guide

**June 22, 2024**

### Race Day Schedule

Staging: 9:40am

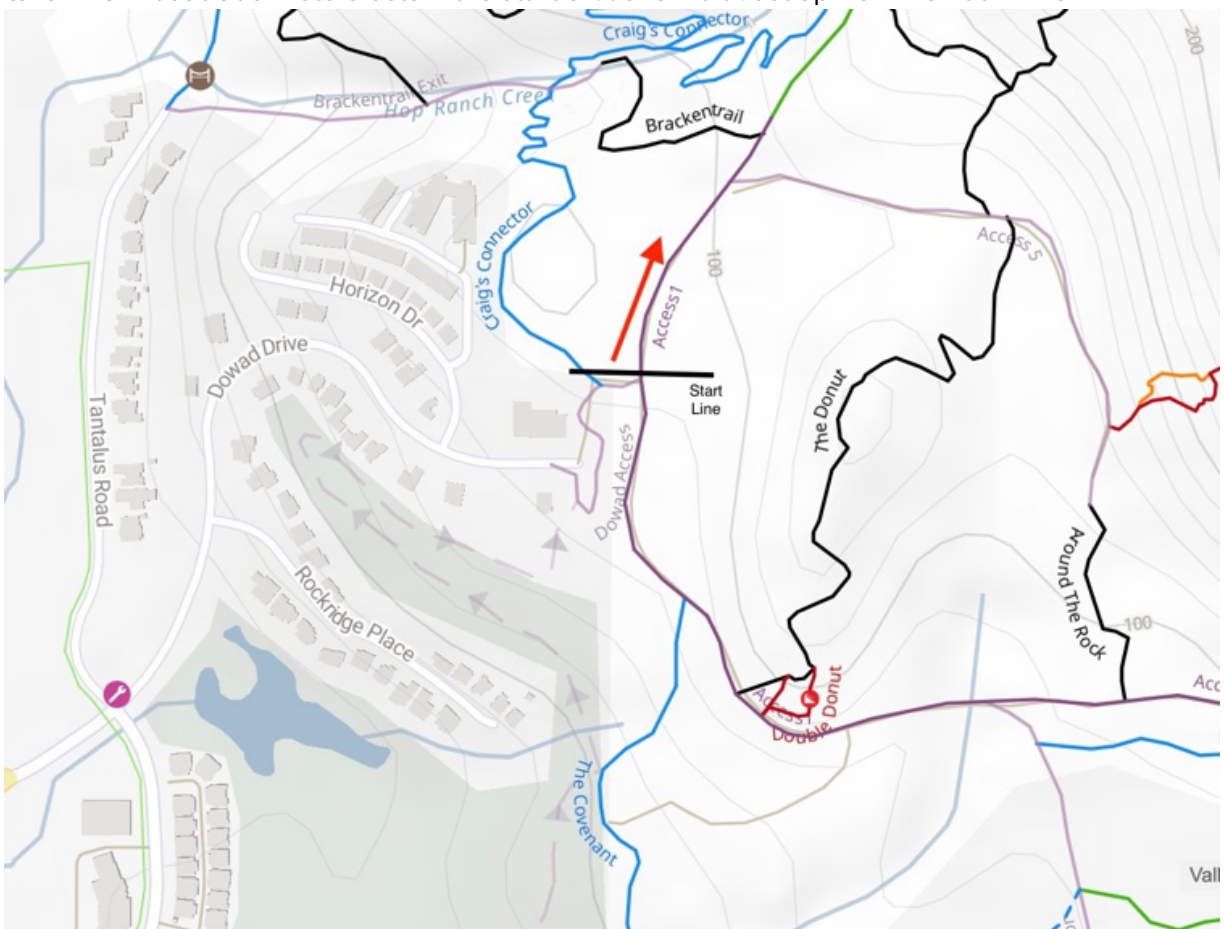
Start Time: 10.00am

After Party: 1.00pm

Awards: 3:00pm

### Start and Finish Lines

**Start Line:** About 500 meters below the start of Jack's Trail. Just up from Dowad Drive.





**Finish Line:** Under a fallen tree, about 200 meters from Carpenter Sons Bridge. Racers will exit Somewhere Over There and ride directly along Uni Access Trail to the Finish Line. Racers will NOT ride Poop Alley.



## Registration

Every racer must go to registration Friday Night or Saturday Morning to 1) Show proof of their Cycling BC license (or day of Cycling BC License), 2) Pick-up race plate and timing chip, and 3) Sign a waiver.

**Friday June 21:** 5:00 – 8:00 PM at Day Time Cycling – 39666 Government Road #102, Squamish BC.

**Saturday June 22:** 7:00 – 9:00 AM - parking lot near Carpenter Sons Bridge below the University (this location is close to the finish line).





Trailforks link to Saturday morning registration area:

<https://www.trailforks.com/tracker/map/?ping=49.733524,-123.099693>

Google Maps link to Saturday Morning registration area:

<https://maps.app.goo.gl/vpbYyuhYLEB5FYHR8>

### **Parking and Porta-Potty Location**

Please DO NOT park on, or near, Dowad Drive or Skyridge development. This will risk us losing our permits and our ability to put on race next year.

We recommend parking near the Saturday morning registration area (near the University) and ride to the start from there. This is the same location as the finish line area.

Please see Trailforks link for easiest route from the registration/finish area to start line:

<https://www.trailforks.com/route/haulback-2024-finish-to-start/>





**Porta-Potties:** There will be two porta-potties at the morning registration area. There will not be porta-potties at the start line. Please plan accordingly.

### **The Course**

The course is 34 kilometers, consists of 1269 meters of elevation, and includes challenging trails and trail features.

Trailforks link: <https://www.trailforks.com/route/the-haulback-2024-marathon-xc-squamish/>

Although we consider this race to be self-supported, there will be one feed zone thanks to Nesters. It will be located at kilometer 18.5 on the Trailforks map and include bananas, oranges, chips, and pickles. There will be water and Coca-Cola.

Trailforks location of feed zone: <https://www.trailforks.com/tracker/map/?ping=49.759199,-123.089970>

The course will include a timed downhill sponsored by OneUp on Angry Midget and a 7mesh Hype Station located near the Half Nelson Parking Lot, just before dropping into Another Man's Gold.

Ultimately it is each racers responsibility to know the course, the difficulty of the trails and trail features, the distance and duration, and to ride safely and responsibly.

The course includes trails that have multiple line options. If a line is marked by arrows, the racer **MUST** take that line. Otherwise, all lines are open on race day. Please see @thehaulback on Instagram for details of open/closed lines on Somewhere Over There.

### **The Start**

The start of the race is tight and turns to single-track quickly. We ask racers to self-seed appropriately and to be safe during the start of the race.

### **Bottle Drop**

Thanks to volunteers we will be offering a bottle drop. Bottles must be dropped off at the registration tents Saturday morning before 8:15 AM. Bottles will be taken up to the feed zone (kilometer 18.5 on Trailforks map) to be picked up mid-race.

Racer must write their name on their bottles.





## Signs

Follow these signs on course.



## After Party

The After Party will take place at The Backyard in ValleyCliffe. Each racer will receive a meal and two beers with their entry fee. The afterparty will begin at 1:00 PM and Papa Josh will be funkign it up so come ready to party!

Regular kitchen service at Backyard will not be open until 6.00 PM. Plan accordingly for family and friends.

Please plan your ride to and from the afterparty accordingly.

## Race Etiquette

We ask all racers to play fair and be respectful on race day. Allow room for passing, stay on course, and have fun.

On the timed descent if someone catches you, please move out of the way (this may require you to pull over and stop), as they are faster than you (otherwise they would have not caught you). You need to let them pass as soon as you can safely do so. This ensures everyone can race their race, be safe, and have fun!

Please do not litter! Carry out what you carry in. If you drop a bottle on course, be sure to go back Sunday morning to pick it up





### **Categories**

Open Men and Women  
Junior (under-19) Men and Women  
50+ Men and Women

### **Social Media**

Please share your stoke by tagging @thehaulback and using the hashtag #Haulback

### **Medical**

If you come across an injured racer we ask you to stop and help that racer until they are stable or in the care of the medical team. The time that a racer spends helping someone injured on course will be taken off their finish time after the race.

For First-Aid on course: Mack Rankin 604-932-7656

### **Results**

Results will be available at <https://zone4.ca/results/>

### **Camping options**

<https://squamish.ca/discover-squamish/camping/>

